



Joined Up for Young People Forum

Thursday the 2nd of March, 2023

**Young
Person's
Guarantee**

JOINED UP FOR
YOUNG PEOPLE



Housekeeping

Susie McIntyre – Chair

- Introduction to the building
- Housekeeping
- Fire alarm

Agenda

Time	Topic
10.00	Welcome & Introduction Susie McIntyre and the Steering Group
10.05	Introductions around the table
10.15	Funding Update Lucy Pearson: Contracts and Programme Manager, Business Growth and Inclusion, City of Edinburgh Council
10.25	QA Apprenticeships: provider of tech and digital apprenticeships Samantha Stringer, Business Executive
10.40	Provider Updates
10.50	Change Mental Health Linsey Shields: Director of Fundraising and Development and Hannah Dibnah: Service Manager
11.00	Discussion Group: <i>What is it that the young people need to support their mental health and what is the best way to engage with them to deliver that support?</i>
11.10	Comfort break and head upstairs
11.20	Discussion group
11.40	Present discussion findings and round up
12.00	Close

Young
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Introductions

Session Aim: Get to know each other

Who are you?

What do you do?

What services do you deliver?

Why do you attend the forum?

The City of Edinburgh Council Employability Funding Update

Joined Up for Young People Forum
Thursday 2nd February 2023

Lucy Pearson: Contracts and Programme Manager
Business Growth and Inclusion : City of Edinburgh Council



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Employability Funding Overview

- No One Left Behind – funding to be continued for 23/24
- Currently awaiting confirmation of Edinburgh's allocation for 23/24
- Continued commitment to:
 - NEST Grants
 - NEST Vocational Training Framework
 - Activity Agreements extended until March 2024
 - Edinburgh Employer Recruitment Incentives (EERI)



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No-One Left Behind – Next Phase 24/25

- Fair Start Scotland Delivery due to end March 2024
- No confirmation of local authority allocation or Scottish Government specification for delivery from April 2024
- Coproduction being undertaken for Activity Agreements and No One Left Behind Next Phase in 2023



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Coproduction Considerations

- Review current provisions and anticipated landscape changes
- Review priority areas and groups in the city
- Identify gaps in the current Strategic Skills Pipeline
- Identify areas of demand
- Grant vs Contract
- Reporting likely to continue to follow No One Left Behind principles and Shared Measurement Framework



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Employability Funding Overview

- Young Person's Guarantee – funding ends March 2023
- Proposal for residual No One Left Behind funding going to committee in March 2023 to allow for exit programmes following the ending of YPG funding
- Long Term Unemployed (LTU) programme – funding ends March 2023.



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Employability Funding Overview

- Parental Employability Support – funding to be continued for 23/24
- Funding being aligned with Best Start Bright Futures policy and likely to be increased employability funding allocation for 23/24
- Awaiting confirmation of Edinburgh's allocation and Scottish Government specification for delivery from April 2023



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UK Shared Prosperity Fund

- 31 projects funded until March 2025 and being contract managed by Capital City Partnership
- Programme includes a range of services across the four funding priorities:
 - Communities and Place
 - Local Business Support
 - People and Skills
 - Multiply Programme
- No details yet whether there will be a further allocation of funding beyond March 2025



Questions?...

No One Left Behind Email - nolb@edinburgh.gov.uk



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CEC Apprenticeship information sessions

Wednesday 8 March 11.30 am to 12.30 pm

Microsoft Teams

For Internal recruiting managers

Wednesday 8 March 3.00 pm to 4.00 pm

Microsoft Teams

Internal and External
Parents/Guardians/Support Workers/Potential Apprentices

Thursday 9 March 3.00 pm to 4.00 pm

Microsoft Teams

Internal recruiting managers interested in Graduate
Apprenticeships

For further information and to book a place contact stuart.macfarlane@edinburgh.gov.uk





UNLOCK CAREER POTENTIAL

APPRENTICESHIPS WEBINAR



**Apprenticeships are
for those who don't
do well at school**



FALSE

→ Apprenticeships are simply an alternative route into skilled employment.

→ Some tech employers prefer as the industry evolves quickly.

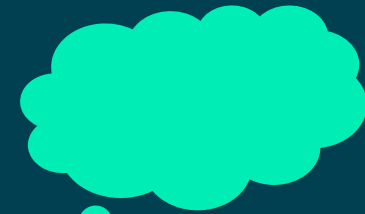
**Apprentices don't
earn very much
money**



FALSE

- ➔ Apprenticeships pay at the very least the national minimum wage (£5.28 per hour for 16–17-year-olds and £7.49 per hour for 18–20-year-olds from April 2023)
- ➔ QAs roles pay between £14,00 and £16,000, often increased after the first year of training
- ➔ The average size of student debt post degree is £15,200 in Scotland

**You need to be good at maths
and science and computer
studies to consider a career
in technology**



FALSE

- ➔ Most employers are looking for a passion for tech, and a willingness to learn



We are QA

Scotland's #1 provider of tech and digital apprenticeships

We work with everyone from apprentices to business leaders, helping them to develop their digital skills and capabilities. Over the last 10 years, QA have jump-started over 30,000 careers through our digital apprenticeships.

Included in the Top 50 Training Providers for 2019 – 2020 and 2020-2021

We are an Ofsted 'Good Provider'

90% of QA apprentices went straight into full-time jobs after completing their apprenticeships

70% of our apprentices feel more confident and better prepared for work life than most people their age

The UK's first female Cyber Security apprenticeship achiever was QA Apprentice Stephanie

The UK's first ever Cyber Security Apprenticeship achiever with a distinction was QA Apprentice Ben





We specialise in Tech

The UK's tech industry is booming. With an average salary of £49,000 this wide and resilient sector is alive with career potential.

And the even better news is that there is no one type of tech person. In fact, it's an increasingly diverse, vibrant and in-demand sector.

Our programs focus on the most sought-after tech skills including; **cyber security, data, devops, software development & telecommms.**





What is an apprenticeship & how does it work?

Get a head-start in the world of work.



An **apprenticeship** is a modern, hands-on way to train for an exciting new **career in tech**.



It's a **paid full-time job** – they will work with an employer, have a line manager, take home a salary at the end of the month and have access to employee benefits such as annual leave, pension scheme etc.

They spend 80% of their time at their job.



They will benefit from a **structured training programme with QA** (virtually or face to face) for 20% of their working week. They will learn and develop their skills and earn an industry recognised qualification at the end of their apprenticeship.



The apprenticeship journey with QA & supporting young people to apply

1

First, they will need to apply to one of our vacancies - uploading their CV to one of the 100s of new opportunities added every month.

2

If they are a good match, a career adviser will give them a call, check their ID via What's App and help them create a personal profile.

3

The individual is supported all the way. We set up any interviews and help the applicant to be prepared.
We keep in touch about the apprenticeship they've applied for and let them know of any others that come up.

4

If all goes well, they get the job and start their apprenticeship.





APPRENTICESHIP PROGRAMMES



DIGITAL APPLICATIONS SUPPORT APPRENTICESHIP

Due to the digitisation of most workplaces, there is high demand for administration workers to have digital skills.

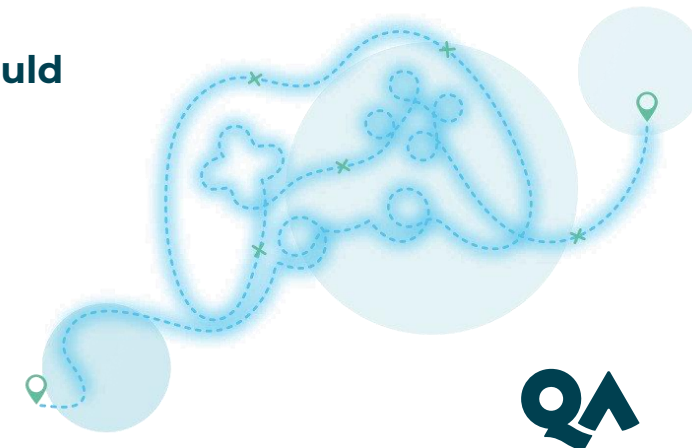
Our Digital Applications Support Modern Apprenticeship gives the candidate the skills and reassurance they need to use a wide range of digital applications in the workplace.

QA is a brilliant opportunity to learn whilst they earn in a digital administration position – all with excellent career and development opportunities.

On successful completion of the Modern Apprenticeship programme the candidate could obtain the following qualifications

SQA Diploma in Digital Applications Support at SCQF Level 6
SQA Level 6 PC Passport

- **90%** of QA apprentices go straight into full-time jobs
- **2.1 million jobs** in the digital economy
- **£42,578** average skilled digital salary



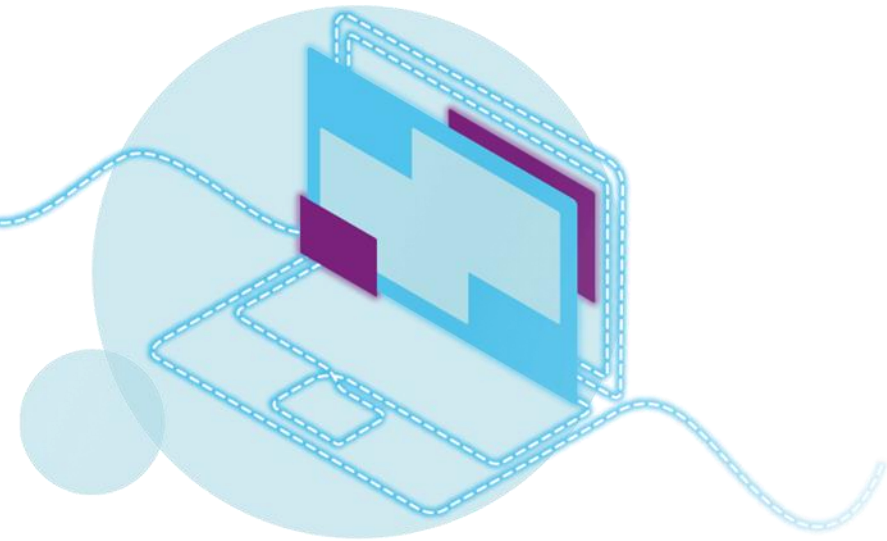
IT PROFESSIONAL APPRENTICESHIP

Are you the go to person to repair and build tech at home? Get paid to do this with an apprenticeship in IT Professional.

QUALIFICATION (SCQF LEVEL 6 & 8) | JOURNEY: 10 – 12 MONTHS

You will earn whilst you learn the principles of building and repairing tech. You'll learn how to install and maintain computer hardware and software systems.

Different organisations use different job titles. This role may also be known as IT Help Desk Professional, IT Support Officer, or Technician.



SOFTWARE & WEB DEVELOPMENT APPRENTICESHIP

Do you enjoy gaming, coding, or design?

Software has become an indispensable part of our lives. It is used in virtually every aspect from shopping to banking, from entertainment to education. It has made our lives easier, faster, and more efficient, and it will continue to do so for many years to come.

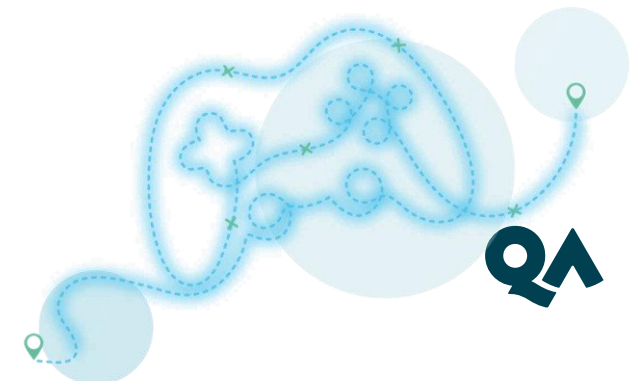
Our Software and Web Development Modern Apprenticeship programme delivers high quality on the job training with assessments on the way, designed to develop the candidate into a highly valued member of the workforce..

The programme gives learners the qualifications, skills and practical experience to take on a range of software and web development roles.

On successful completion of the Modern Apprenticeship programme the candidate could obtain the following qualifications

SCQF Level 6
SQCF Level 8

- **90%** of QA apprentices go straight into full-time jobs
- **2.1 million jobs** in the digital economy
- **£42,578** average skilled digital salary



QA work with some great employers

From edgy start-ups and medium-sized enterprises to big household names...





Apprenticeships the QA way

With all of our programmes, candidates will have the chance to earn additional qualifications along the way, helping them to grow their skills. As a QA apprentice:



They'll have access to our **Cloud Academy** – a virtual portal of up-to-date courses and content they can use to build their knowledge and embed what they learn.

They can earn extra qualifications from prestigious IT vendors such as AWS, Azure and more.

DxD

Digital by Design – our model of learning is a blend of virtual and face-to-face learning sessions.

They'll gain knowledge through a combination of project and lab work, events, self-research, self-paced learning and peer-to-peer learning.



They'll be **supported** from the beginning of their apprenticeship right until the end.

Recruiters work with them to prepare them for any interviews or assessments, They'll have the support of the Safeguarding and Learner Services team for any day to day queries or wellbeing concerns that they may have.



They'll have the chance to join our **Alumni community** of current and past apprentices. This is the first of its kind in the UK. This helps them to create connections, find support and have fun whilst completing their apprenticeship.

We host quizzes, movie nights and other fun activities for our apprentices.



Tech Trailblazers – Our Apprentice Stories



Nodiya

Data & Analytics Apprenticeship with Natwest

“Originally I was trying to get into med school but couldn’t garner enough funding. I had heard about apprenticeships in school before so I thought I should give that a try. Now, I’m getting paid to learn something I love to do and I really do feel I could become anything and that the sky’s the limit. I think apprenticeships are inclusive, flexible and challenging.”



Sarah

Project Management Apprenticeship at SP

“When I left school I felt quite pressured to go to university, so I decided to do a radiography degree. Halfway through I decided the programme wasn’t for me, started working in retail. After working full-time for so long I dreaded the thought of returning to full-time education. My QA apprenticeship has provided me with the perfect balance between learning and working to achieve my career goals. and I’m so much happier.”



Lawrie

Digital Business Admin Apprenticeship – Now Head of Marketing at YARD Direct

“My apprenticeship with QA has been completely life changing for me. I now stand as Head of Marketing for YARD direct. My development and progression was all down to the training and opportunities given to me by QA. Me as a person or in my career would never be as strong, dedicated and as hard working without the motivation of QA and for this I am forever grateful.”



If a candidate is still at school or under 16 and you want to get them started on an apprenticeship, here's are a few things you can do to help them prepare:



Support them to take on some free courses – to show future employers they are proactive and ready to learn.



Support them to work on their CV – as they'll need one when they apply for an apprenticeship.



Explore work experience opportunities – they could volunteer at a local charity shop or do some work experience at a tech firm. This is key in developing useful skills like communication and team work which will look great on their CV.



Want to find out more?

Visit:

<https://www.qa.com/apprenticeships/scotland-and-apprenticeships/>

Provider Updates

- We invite you to give a 60 minute pitch about your organisation / project / offer
- Unless you tell:
julie.Addington@capitalcitypartnership.org otherwise, we will share contacts with everyone post forum



Joined up For Young People

Linsey Shields – Director of Fundraising and Business Development

Hannah Dibnah – Service Manager, Bloom and Your Resilience



Our Young People's Programmes



- Bloom is the largest free UK-wide programme for 14–18-year-olds which focuses on supporting young people's mental health resilience.
- Delivered in schools and colleges
- Equips young people with the tools and knowledge to maintain their mental health through life's transitions, both now and in the future.
- Free face-to-face workshops with young people, courses and training for teachers
- Enables teachers to feel more confident in having conversations about mental health with young people

- Your Resilience offers a refreshing perspective on resilience.
- Delivered to 14-18 year-olds in non-educational settings, such as CAMHS and community settings
- Designed with input from young people, it supports an open conversation about what resilience is and what is required to build it.
- Key to Your Resilience is supporting facilitators who work with young people by building their confidence to discuss a range of topics with them.
- Leaves young people with a better understanding of mental health in themselves and others

Developing Your Resilience



Mental Health UK combines the heritage and experience of four UK charities who've been supporting people with their mental health for nearly 50 years.



Most long-term mental health problems begin in adolescence: 75% of mental illnesses start before a person's 18th birthday. **There is a growing need for mental health support for young people.**

Evidence shows that providing good, early preventative support in the right way can help avoid deterioration in young people's mental health and equip them for the challenges of everyday life.

We asked young people what they felt had the biggest negative impact on their mental health.



Age 14-16

Exam pressure – 36%

Bullying – 29%

Conflict with friends – 26%

Managing studies – 25%

Social pressure – 22%

Making decisions about the future – 22%

**Concerns are focused within their
immediate environment**

Age 17-18

Exam pressure – 38%

Making decisions about the future – 28%

Managing studies – 24%

Juggling time on school/work/fun – 24%

Social pressure – 22%

**More responsibilities
lead to more stressors**

Workshops



- Resilience
- Managing Studies
- Exam Stress
- Making Decisions About the Future
- Social Pressure
- Friendships (for 14-16 year olds only)
- Juggling Time (for 17-18 year olds only)
 - Anxiety*
- Low mood and depression*

*New from Sept 2022



Your Resilience aims to:



- Ensure more young people are mentally healthy as a result of applying knowledge/skills/strategies learnt through Your Resilience and to have an increased understanding of mental health and resilience tools
- Ensure young people feel supported and able to make successful life transitions, now and into the future
- Enable young people to feel able to 'step in' to support their peers when required
- Enable those working with young people to feel confident and able to deliver Your Resilience

Your Resilience is...

Adaptable

The content is standardised in a way that enables individual settings to make necessary adjustments to fit their needs.

Long Term

We remain in contact with our co-delivery settings and provide the support needed for trained facilitators to deliver the programme.

Your Resilience is not...

A Diagnostic Tool

Our training cannot diagnose or teach about different mental health diagnoses

A Replacement

Your Resilience is not designed to replace professional support in a crisis, counselling, pastoral care or therapies for young people in need.

The Answer

This programme is not an answer to all mental health needs.

How we deliver

Your Resilience

Co-Delivery

In-depth training, offering young people the best experience and giving facilitators dedicated support in delivering Your Resilience to young people.

- 3-hour in-person training for a minimum of 3 staff
- 7x 1 Hour Workshops for up to 2 groups of 14-18 year olds in which trained staff will co-facilitate with our highly skilled Training Associates.
- In-depth resource pack provided including staff guidebooks and young people's workbooks

Your Resilience

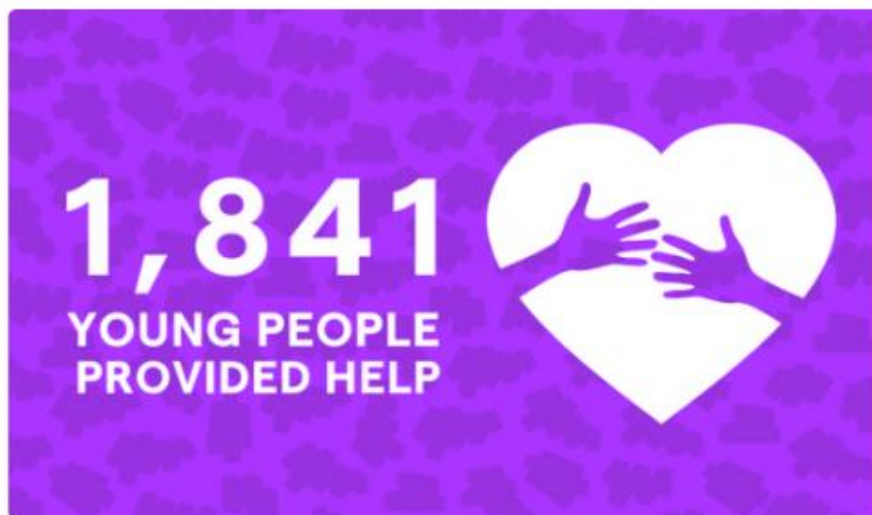
Lite

One off Workshops - choose from a range of topics.

- Single 1-hour workshops, delivered by our Training Associate.
- Multiple workshops can be booked to reach several groups
- 9 different workshops to choose from including:

Resilience, Anxiety, Low Mood & Depression, Exam Stress, Friendships (bullying/conflict), Social Pressures, Making Decisions about the Future, Managing studies, and Work-life Balance (juggling time).

Our Impact



1,841 young people provided with help to build their knowledge and tools to become resilient



197 professionals trained, encouraging a culture of open conversations about mental health





 @changementalhealth
  @changemh_
www.changemh.org

Thank you!

Any Questions?

Discussion

What is it that the young people need to support their mental health and what is the best way to engage with them to deliver that support?

Feedback and close

Next Forum: TBC – will be on-line

Contact list and slides will be shared

Questions, comments, feedback:

julie.addington@capitalcitypartnership.org