**Parental Employability Support**

**Are you a parent living in Edinburgh?**

**Are you unemployed or struggling financially while in work?**

**Are you looking for support to overcome barriers?**

**The Parental Employability Support service is free and confidential. You can get one-to-one support to build an action plan and help you to:**

* **Access services that will help you to overcome barriers,**
* **Support you to move towards an employment goal,**
* **Gain new skills and qualifications,**
* **Gain more confidence,**
* **Understand how to maximise your income and your benefits,**
* **Complete job applications, a CV and prepare for interviews.**

**You could be eligible for support if any of the following apply to you:**

* **Lone parent**
* **Parent or child with a disability**
* **Parent of 3 or more children**
* **Parent from a minority ethnic background**
* **Parent with a child under 1 year old**
* ****Parent under 25 years old**

**To find out more:**

**Visit:** [**www.edinburghguarantee.org/parents**](http://www.edinburghguarantee.org/parents)

**Email:** **ParentalEmployability@edinburgh.gov.uk**

**Call: 0131 529 2482**