

MAP Programme

Looking to get into work?

Changing career?

Returning to work after a break?

Struggling to sustain existing work?

Volunteer Edinburgh have adapted their bespoke Employability course, which is now a blended online course which will run over three weeks from **21 September**.

You will have access to an online portal where you can work at your own pace. Online exercises and Zoom™ meetings will be held on **28 September and 5 and 12 October 2021**.

Topics will include

What I've got going for me
(assessing your skills)

Confidence and transferable skills

CVs and interviews

Post course options

Individual one-to-one employability
coaching

Help to secure volunteering and/or
employment

We will meet on Zoom™ in small groups of a maximum of six for 1.5 hours per week from 11.00am until 12.30pm.

If you can identify with or are curious about any of this and would like to find out more about the course or the facilitator please contact **Sarah Cleary** by email, phone or text for more information.